



SWIFT

SYMPTOM MONITORING WITH
FEEDBACK TRIAL (SWIFT)

February Newsletter 2026

About SWIFT

SWIFT aims to see if adults who are managed with hemodialysis for kidney failure can benefit from systematic monitoring of their symptoms (like tiredness, itching, pain) and if feedback of these symptoms to their nurses and kidney doctors improves patients' overall quality of life. This trial is run by University of Sydney in collaboration with ANZDATA.

**12-month follow-up
data will be
completed in July,
with final results
expected by end
2026**

SWIFT at ACTA

In November 2025, Chief investigator Prof. Rachael Morton presented Data from SWIFT at the ACTA Clinical Trials and Registries Symposium in Melbourne, Australia.

Her presentation titled *"SWIFTly Driving Change In Participant and Centre Diversity and Inclusivity"* demonstrated how closely SWIFT participants represented the national haemodialysis population and highlighted strategies that were associated with enhancing participants diversity.



SWIFT at WCN



Preliminary analysis of symptom scores and quality of life at baseline is underway. These results will be presented by Prof. Stephen McDonald, Clinical lead at the World Congress of Nephrology (WCN 26) in Yokohama, Japan, March 2026.



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